

RESPECTING YOUR NEIGHBOURS

Most people are showing respect for their neighbours and showing understanding that there will inevitably be more noise as children spend more time indoors. However, some people are not showing respect and are causing unnecessary noise by playing loud music or doing DIY at unreasonable times. You should never play your music so loudly that it disturbs your neighbours and it should not be able to be heard outside your home between 8 at night and 8 in the morning. Noisy DIY such as drilling, hammering etc should also not be carried out during these hours.

RUBBISH AND BULK REMOVAL

Please ensure that you put your rubbish in the bins and don't dump old furniture etc in the communal areas. This is both unsightly and a potential fire risk. Clearing it also means our caretakers are diverted away from their other duties. You may also be interested that last year we spent £14,000 disposing of bulk rubbish.

We can dispose of bulk items such as old sofas, fridges, or washing machines- at a very reasonable cost. For example: for small sofa- £60; Large Sofa-£80; Cooker-£40; Wardrobe-£30; Table and chairs-£30; Washing machine-£40 and Carpets-£30. All you have to do is to contact us on 020 7926 0214 and one of our staff members will come and collect these items from you. Residents who are seen dumping their rubbish will be billed for the disposal of any general household items or building materials.

A HUGE THANK YOU

In difficult times some people really pull together. A number of people are acting as community volunteers, supporting their neighbours by doing their shopping or just checking they are OK. This is an example of what a great community Roupeill Park is and gives us all hope that we can continue to build on this in difficult times.

FIRE SAFETY

It is difficult to know how to say this but some idiots have been having BBQ's on their balconies. Have you never heard of Grenfell House? BBQ's are not allowed anywhere on the estate. If we find out that people are holding BBQ's on the estate we will take immediate legal action against the perpetrators.

HELP WITH FOOD

We have recently had the privilege of partnering with Lambeth Emergency Food Distribution Service who have donated crates of food to Roupeill Park residents, throughout June and July 2020.

The project is funded by Lambeth Council and is designed to promote healthy living in these difficult times. The crates consist largely of fruits and veg and some non-perishable items, enough to feed a family of four for a week. We hope that this project will continue in the future. If you are not a beneficiary and you feel that free food delivery to your home would be of great help to you, then please come forward. We are also seeking more volunteers to help out with the food distribution - currently they take place on Mondays. For more info, please contact our main office number.

THIS IS YOUR COMMUNITY NEWSLETTER

LIVING IN DIFFICULT TIMES

Summer 2020, Number 22

We are still living through some of the most extraordinary times that most of us can remember. Whilst the Government continues to loosen the terms of the lockdown, it still continues to fundamentally affect the services we are able to deliver to you. It also has an effect on the way most of us feel and the way in which we need to relate to our neighbours. Listed below are some of the key issues.

GAS SERVICING

We still need to carry out gas serving in all our tenants' homes so, if requested to do so by our contractor Swale or someone from the office, please give access for the work to be done. This is for your and your neighbours' safety.

RENT AND SERVICE CHARGE ARREARS

We know that many of you are facing real financial difficulties as a result of losing your jobs or being put on Furlough. People are claiming benefits for the first time. We are here to help and support you through this and will give you every support to pay your rent. However, we do have an expectation that rent will be paid and Government guidance has been changed as to what action we are able to take if people are in arrears and not making payments. We will therefore recommence the service of notices and will be referring cases to Court so that they can be heard when the Courts commence hearing cases for possession in September.

HARDSHIP FUND

This is to assist people who are struggling financially and need help for one-off costs like funerals or replacing white goods such as cookers or fridges. We have already made a number of payments and will continue to do so as long as the current crisis continues. The full details of how to claim are available online or forms are available by calling or emailing the office.

REPAIRS

We continue to deliver a limited repairs service, prioritising works relating to health and safety and where there the repair is a major problem for the resident. This will include doing a wider range of repairs for vulnerable people. We are also doing repairs and maintenance to the outside areas of the estate.

When we do works in your home please show consideration for the workers by ensuring that you maintain a proper social distance and, where possible, by not being in the same room as them and ensuring the area is well ventilated by having windows open. We will also ask you to tell us immediately if you are self-isolating so that we can take further precautions.



PHYSICALLY DISTANCING, SOCIALLY CONNECTING

Roupell Park understands that COVID-19 is of real concern to residents, the outcome of contracting the virus being very serious for many people. Most of you are aware how much we have invested in the summer programme activities over the past few years. But government restrictions, related to the pandemic, do not allow us to plan activities such as seaside coach trips this year.

Our programme continues nonetheless, albeit in a somewhat limited and changed form. Protecting the health of our residents, partners, and staff, is our main focus at this time; thank you for bearing with us!

YOUTH FORUM

The Youth Forum meetings have been taking place digitally, via Zoom, and our young people have wholeheartedly embraced this new way of engaging, which shows how resilient our communities are. The online meetings take place every fortnight.

This summer, Youth Forum members have a special opportunity to be part of the Young Leaders programme. Partnered with Peabody, they can run their own social action projects. Topics such as photography, online and public speaking can be covered but members can also suggest their own topics. The funding of £500 per project, covers the cost of a facilitator and refreshments. In addition, a range of employment and training programmes are on offer, but you must be 16 years of age or over, to take part and a registered jobseeker. You will be offered one-to-one support to help with your CV, job search and interview skills. The main aim is to inspire people to do their best and recognise their potential and aspirations. **To register your interest please contact Christian on 07706 179 851.**

STUDY SUPPORT

We have been able to continue with some of our activities during lockdown, such as study support and Roupell Youth Forum, as they have gone 'digital'.

The study support programme offers a two hour supported learning in literacy, numeracy and science. This has enabled our young people to stay on top of their curriculum while schools were in lockdown. One of the positives of remote sessions is that it involves parents to a greater extent, as they are responsible for their child's behaviour and conduct during the sessions, and it also enables siblings to take part. Study support is currently on a summer break and the sessions will resume, most likely still in digital format, in September 2020. **For more information, please contact Christian Johnson on 07706 179 851.**

SUMMER CAMP ACTIVITIES

We are delighted that along with our partner organisation, CEF Lynx, we were able to secure £11.2K from Lambeth Council to run the Summer Camp activities.

The programme will be run from Windmill Gardens (just across the road) between 10am and 4pm Monday to Friday, from 20 July to 21 August, with the capacity for 20 young people (7-15 years old). For those over 15 who would like to take part, you can apply to be a volunteer and help in running the programme - this will look good on your CV, too.

The activities will include arts and crafts, music and dance workshops, sports games, bike maintenance, leadership workshops and much more.

In addition, free lunches will be available each day for every participant attending the programme.

How to apply: All applications must be completed online. Places are secured on a first-come first-served basis. You can find the forms at www.roupellpark.co.uk

For any more information please contact Christian on 07706 179 851.

ACTIVITIES FOR SEND GROUP

We are offering 3 weeks of activities for young people with special educational needs and disabilities (SEND) **from 27 July until 14 August, Monday - Friday, 10am - 4pm.** This will consist of a mixture of fun and learning activities in which young people will have the opportunity to meet other young people of a similar age and to develop friendships, network and improve their general wellbeing. It also provides respite or 'me time' for their parents and carers. Activities such as: bike riding, sports and games, music and dance, walks and cooking workshops are planned but these might change as the weeks progress, to adapt to government guidelines as they evolve. Activities will be run from our community centre with recommended social distancing measures in place.

How to apply: All applications must be completed online; you can find the forms at www.roupellpark.co.uk Please note that only young people with low to medium disability will be accepted and they must be 14 years of age or older.

Parents whose child(ren) is/are accepted on the programme will be asked to provide their child with:

1. Covid-19 essentials for their children i.e. PPE
2. Suitable sportswear/clothing suitable for them to participate in the various activities

For further information, contact Navlet Williamson on 07984337812

FOOTBALL SESSIONS WITH FULHAM FOOTBALL TRUST

As of 4 July, the football pitch at Roupell Park is open for use but we advise that when you do play inside the cage, that you do so sensibly, whilst maintaining social distancing of 2 metres.

We are keeping up to speed with government guidance and working with our key partners, such as Fulham FC Foundation, to make sure that when the Kicks sessions

start again, it is safe for everybody.

We are excited at the prospect of engaging and delivering not just football activities back into the community, but other sport too. Having said that, it doesn't seem realistic that this will take place this summer.

The coaches will be present this summer, but not inside the cage as usual. Paul and his team of coaches will concentrate on the detached youth work, by being where young people are - on our estate - and talking to our young people 121, or in small groups, and addressing any specific needs and issues which might have come about as a result of the lockdown. The focus will be on building relationships, education, and offering community support.

The idea is that these sessions will then fully prepare young people to resume their football sessions safely in September 2020, or as soon as it is deemed safe and doable. We are expecting that by September, the distancing restrictions will be lifted but if this is not the case then our young people will be better prepared. The team of coaches will be on the estate each Friday, most likely, from 23 July until 20 Aug from 5 - 7pm. For more detail, please contact **Paul Smithers on 07500 108495.**

Fulham FC Foundation will continue to provide digital sessions and competitions in the absence of a real game. Please visit www.roupellpark.co.uk or kicks@fulhamfc.com for more information.

SENIOR CITIZENS

We are so proud of our super resilient ladies and gents! Thank you for carrying on in this difficult environment.

Coffee-morning will re-start at the end of July, in the community centre. A group of no more than 12 members will be able to meet - to ensure the **distancing measures of 2 metres.** If you are interested in attending, please register your interest with the Roupell Park office, so that we can ensure there is no overcrowding. **For more info, please call Eva on 07983 584767.**

Yoga chair sessions are on hold until September 2020.

