



Roupell Park Youth Forum

The next youth forum meetings will be held on **7th June** in which a group of lawyers will deliver the 'Stop and Search' workshop- know your rights. So many young people, who are the most likely to be stopped and searched, are unaware of their rights and responsibilities concerning interactions with the police - this highly accessible and engaging workshop is to provide with an education on what to do in case if this happens.

Away from the workshop, the Youth Forum provides an opportunity for young people to agree youth-led initiatives here at Roupell and ensure that young people have a voice in its future- as per quarterly Board visits. Forum members also carefully plan their activities - which results in some lively debates. End of session is always rewarded with some hot food, of which pizza and chicken tend to be on the 'most favourite' list.

If you have never attended the meetings before and you are 11 years + then you are invited to join the Youth Forum. **Please contact Eva Christmas on 07983 584 767 for more info'.**



After School Club Study Support.

is now coming to the end of term, with a view to restart in the week commencing 4th June. **The sessions are held every Wednesday and Thursday evening, from 5-7.00pm, at our Roupell Community Centre, for children who are 7-12 years of age.** The sessions place particular emphasis on literacy, numeracy and science. If the liveliness of the sessions, high attendances and the children's academic improvement are anything to go by, it's a formula for success for all parties involved. The sessions are free of charge but to book a space you have to ring **Christian on 07706 179 851**. There are only a couple of spaces left before the end of term - last term sessions will be held on 18th and 19th July, with a break for summer.

Sport and wellbeing for young people on Roupell Estate in partnership with Fulham FC

Friday Football

Friday football sessions, run by Fulham FC, take place every Friday, from 5 - 7.00pm, at our 5-a-side football pitch and are for boys and girls from 9 - 17 years of age. Excellent coaching, longer sunshiny days, with rising temperatures and blue skies all play a part in the sessions being enjoyable and fun, which is reflected in consistently high attendance numbers. Recently, we had a visit from the Premier League and the feedback was hugely positive about the quality of the sessions and the quality of our young people attending the sessions. So well done to Roupell's team of young players!



NEW Wednesday Basketball and Team games

In order to further support participation in sport for young people, as of early June we will be launching an additional session in basketball and Team games. The sessions are aimed at young people who are 10 years old and upwards - girls are particularly encouraged to take part! The launch date is Wednesday, 6 June, 5 - 6pm at our central football pitch. Fulham FC will have a staff member to oversee the sessions, and a partner that delivers the basketball. The sessions will then continue on a weekly basis, every Wednesday, from 5-6pm, for the duration of the summer months. In order to register your interest, or for any more info please email **Paul on psmithers@fulhamfc.com** or ring **Eva Christmas on 07983 584767**.

Football Pitch renewal

As part of the overall commitment from the Board to the development of young people, and to encourage the uptake of sport in all age groups, the football pitch is to be resurfaced to suit multi-sports. We are currently exploring ways to attract further external funding, in order to develop a modern, multi-sport facility for all residents. As we know, projects like this take time, so be patient.

Roupell Park Community Office

Brockham Drive, Brixton, SW2 3RY
Office number including repairs: 020 7926 0214
Lambeth Call Centre 020 7926 6000/6666
 (Out of hours after 5:00pm)
Email: rouPELLpark@lambeth.gov.uk
www.rouPELL.co.uk
Twitter: @rouPELLpark
Facebook: RouPELLPark
Our opening times are:
Monday 8.30 - 17.00
Tuesday 9.00 - 17.00
Wednesday 9.00 - 13.00 (office closed in the afternoon for staff training, but phones will be answered)
Thursday 8.30 - 17.00
Friday 9.00 - 16.00

This is Your Community Newsletter



Working together to provide high quality homes and create a fair, strong and sustainable community

May & June 2018, Number 17

Resident Survey

Tell us what you think

Every two years we run a resident survey so you can tell us what you think about the services we give you. This allows us to look at what we do well but, more importantly, the things that we don't do so well, so we can make them better. At the end of May we will be sending out our latest survey. You will be able to complete the survey either using the paper copy we are sending you or on line.

Everyone who completes the survey will be entered into a draw for a prize of £100.

This year we are changing the emphasis of our survey so it is not just about the services we provide. We think that building a vibrant community on the estate and giving everyone the chance to be involved in the life of the

community is a big part of what we do.

We want to know how you might want to be involved and what is stopping you. We also want to know what activities you are already taking part in and what we could do that would interest you and your family.

Most important is that we want to know what you think it is like to live on Roupell Park and how we can make it better. Please make time to complete our survey - your views are crucial to making Roupell Park a better place to live.

Simon Oelman



Spring Clean Your Estate - 9 June

After a long and cold winter, there is nothing more rewarding than a good old spring clean; perhaps you have already done that in your home. The Board and staff of Roupell Park would like to invite you to join us for an Estate spring clean-up event on Saturday 9th June from 10.30am until 12pm. The aim is that we get together to tidy up the estate: clearing up those small and annoying bits of rubbish in the flowerbeds and round the blocks to smarten up the estate even more. Most of all this is about bringing the community together to take pride in the place in which we live and work.

The meeting point will be at **10.30am at the RouPELL Community Centre**, (next to Hyperion House) where we will be giving out equipment such as gloves, brooms, brushes and litter pickers and we will divide into groups.

Our coffee morning volunteers have kindly volunteered to keep the community centre open for the duration of the event, so that you will have access to refreshments and for a break.

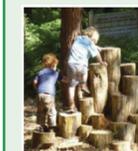
If you are interested in giving your estate a spring clean, so it becomes an even better place to live, then join us - it'll be fun and constructive time spent together All age groups as well as families are welcome and encouraged to join in. For more info or to apply, please ring **Eva on 07983 584 767**.



Take part in creating a community garden for RouPELL Park

We have already begun the consultation process, with a view to creating a community garden, a piece of land in between the community hall and Hyperion House.

A working group of residents, including children, has been formed; the group has met a few times and put forward creative ideas about how they envisage this piece of land being used and what it might look like, with the aim of creating a peaceful, interesting space that everyone from the estate can enjoy together, irrespective of age.



As a result of these consultation meetings, our landscape gardener and architect have already come up with some early sketches which reflect residents' inputs and creative ideas. If you'd like to get involved, it's not too late for your participation. The upcoming dates are:

Sunday 3 June - a mini coach visit to one of the community gardens;
Sunday 10 June - the final consultation meeting with the residents from 2 - 3.30pm at the community centre. This will all lead to the Final presentation event of the design showing images of how the garden will look like, on **Sunday 24 June** from 2 - 4pm, again at the community centre. Refreshments and entertainment will be included in the presentation. For any questions or any further information, please contact **Christian Johnson on 07706 179 851**.



We hope to finish the project in the autumn of this year!

Arranged Inspections to your property

RouPELL Park tenants received letters in April 2018 requesting access for a post-inspection/survey of the works which undertaken to the kitchen, bathroom and electrics in your property. The letter stated that there would be 3 officers in attendance, however in practice, this has not been possible due to the unavailability of staff from Lambeth and the contractor (Mears). A further letter was sent out in late April requesting access. To date, the inspections have highlighted Health & Safety issues such as non-compliant

fire doors, lack of carbon monoxide and heat detectors, as well as defective extract fans.

Given the recent fire outbreak at Grenfell Tower, fire safety is paramount more than ever and it is important that we comply with fire safety standards to minimise risks. Therefore, we kindly ask that you cooperate with us when arranging a date for access to your property. If you cannot meet us on the pre-arranged date, please let us know



and we will accommodate a new inspection date during normal working hours Monday to Friday. We do need to complete the visit to your property at the earliest convenience, to be sure that you stay safe in your home.

Colin Carnegie,
Maintenance Manager.



Free Debt advice services available to you

If you are in debt or have money worries, you can drop in on a Tuesday, between 10am and 3pm, at the Tulse Hill Community Advice Centre, for advice or just a friendly chat over a cup of tea. This is a

great opportunity to discuss your private finance or any other related issues such as: budgeting, debts, benefit claims, help with form-filling etc. in a non-judgemental and confidential environment. This will then lead to independent advice, based on your individual circumstances. If necessary, the staff will help you access other services to help you resolve your situation.

The full address is:

Holy Trinity Church, Trinity Rise, Tulse Hill, London SW2 2QP.

If you are unable to come to the drop-ins, then you can call the centre on **020 8674 7675 or 07938 654 854.**

Repair services available to leaseholders

Are you aware that RouPELL Park RMO offer plumbing and carpentry repairs for Leaseholders?

Our fees are £48.00 per hour excluding stock items. If you are in need of a repair and would like to use our services, please contact the Customer Services Team on 020 7926 0214 and we will be happy to book an appointment for you.

Rosaleen Jones,
Customer Services Manager.



Since September 2014, the solar panels installed on four blocks on our estate (Fairview, Warnham, Hyperion, RMO office) have been generating clean energy. However, due to the rules and regulations around electricity supply in the UK, until now it has been possible to supply energy generated by these to the communal areas only (and not to individual homes).

We are working alongside Repowering, 10:10, and Energy Local to try to change this. Brixton-based Repowering are launching a trial, which is testing a way in which the residents in RouPELL Park, like you, will be able to benefit from cheaper, locally generated, renewable energy while also ensuring that more of the money you spend goes towards the RouPELL Park community fund. Repowering have recently contributed £1,000 to the community development fund, which was generated via surpluses in green energy.

RouPELL Park residents are forming an energy club to take control of their electricity bills. Households who join, will be able to use the cheaper power from the panels on the roof to reduce bills. Anyone can apply to join, no matter how you currently pay for your electricity, but places are limited to 30 households! We will be sending out letters to each property to gauge the level of interest. If you are interested, please fill out the form and return to the RP office. For more info, ring Eva on **07983 584 767** or Jack Dangerfield at Repowering on **020 3674 7519.**

Senior Citizens' Coffee Morning Group meets every Tuesday from 10.30 until 12.30pm at our RouPELL Park community hall. The group is aimed at pensioners and housebound residents and it starts at the young age of 60, but no one will ask you for your ID if you are a few years short of this entry threshold. Some residents are in a slightly more mature age group, and still remarkably active. The group provides a point of social contact on a weekly basis over a cup of tea and lovely cakes, all hosted by the group's Chair, Molly. There is also something terribly healthy about expanding friendship and acquaintance groups, where we live. It provides with a greater point of call and flags up any potential health risks and problems. For example, if members haven't been seen at the group after weeks of regular attendance, it raises concerns from other members. On a few occasions, people's lives were saved when found in their flat, being unwell and unable to seek help.



Everybody is welcome to join the sessions!

Coach Trip to Hastings 10th July If you are elderly and live on the estate or know someone who does, then you are invited to join us. The mini coach will leave at 9.00am for a day out to the seaside – or more precisely, Hastings. Hastings has all the usual seaside attractions as well as a good shopping centre. There is an interesting Old Town where you may well spot locations used in the popular 'Foyle's War' TV series. Hastings Pier won the prestigious Stirling Prize for the best building in the UK in 2017, so another reason to mingle around the fish and chips shops by the sea front. The prize per ticket is £5 and if you are interested, please call on 07983 584767 or call in to our reception area to register your seat. If you need a carer, they are eligible for a free seat.

Yoga chair sessions for adults take place every Friday from 10.30am until 11.30am at RouPELL community hall. Yoga improves overall strength, flexibility, proprioception (knowing where your body is in space), reduces stress and improves mental clarity and provides opportunity to meet and socialize. Given all this, it is no surprise that more residents have joined the group recently. Of further benefit, teacher Gurpreet, has created a warm and welcoming atmosphere, which provides even more reason to look forward to the sessions. All you have to do is turn up – the session are free of charge. **For more info', call Gurpreet on 07791 640914.**

Leadership Programme with the Royal Navy for 10 Excellent Young Persons



If you are 14 – 18 years of age, this is an exciting opportunity for you to take part in the 'Summer Leadership Programme', which will be led by the Royal Navy and their designated team of officers on RouPELL Estate.

This will comprise of 6 sessions on 6 consecutive Tuesdays, starting 29th May, from 6 – 8pm. The group will meet at our RouPELL Park Community Centre (next to Hyperion House). Each weekly session will cover a different topic such as: fitness training, cooking, team building, problem solving etc. To top it off, at the end of the programme the Royal Navy will arrange for the group to visit Portsmouth Naval Base, on a separate date. This will include a tour of the Action Stations, a visit to HMS Victory, which has become a living museum and the only surviving warship dating back to the mid-18th century.

In return, we ask for your 100% commitment and regular attendance, and that you take the sessions seriously.

If you are interested, please ring **Eva Christmas on 07983 584 767. We will then ask you to fill out a separate form with your parental consent.**

All sessions are FREE of charge to you.

Courses for Adults with Morley College

Owing to high demand, Morley College tutors are currently delivering the following courses for adults at our RouPELL Community Centre:

- 1. ESOL on Mondays from 9.30am-12pm (Learning English as a Second Language)**
- 2. Improve your Literacy on Wednesdays from 9.30-12pm**
- 3. Computer Course on Wednesdays from 12-2pm.**

If you haven't already signed up for a course, and you are interested, please ring **Eva on 07983 584767** to apply or to secure your space for the autumn term. The courses will be run subject to demand, so we need to know if you are interested. They are all FREE of charge to you, irrespective of your benefit entitlement. Understanding language, being able to speak and write, can add to your overall independence and can even can increase your employability. The last session for all 3 courses for this term will be in the week commencing 2 July.

